

## Fat Blockers Can Cause Twice As Much Weight Loss

Contributed by Skinny Myths Team

SKINNY MYTH: "Fat blockers can cause twice as much weight loss"

Myth.

Just the opposite.

In clinical studies, alli™ users have been shown to lose 1-2 pounds per week and reduce total body weight by 6-10 percent.

People using weight loss programs like...Hmm, I wonder what the name of that program is...lost 2-5 pounds per week and reduced total body weight 10-15 percent...that's twice as fast in the same amount of time.

Fat blockers, like Ili™ or Xenical block 25-30% of your calories from fat. The downside is this can be accompanied by some unpleasant side effects.

Can you say, "anal leakage?"